

## JF100 RESISTANCE INSTRUCTIONS

### TOOLS



1 X ALLEN KEY



1 X PLIERS

### INSTRUCTIONS



Start by removing the  
handlebar post



Disconnect the sensor  
wires



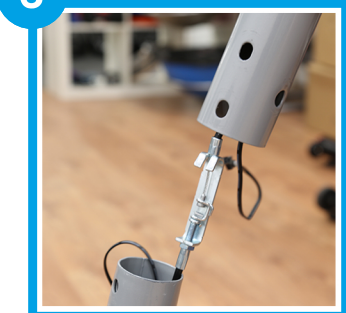
Unhook the tension  
cable



Screw the nut under the  
tension cable  
counterclockwise down  
the thread



Screw the hook to  
follow the nut



Reconnect the tension  
cable



Reconnect the sensor  
wires



Slot the handlebar  
post back in place  
making sure not to  
catch the wires